From the Principal
A very busy week with the school captains off to Parliament House, a visit from Tim Bailey and the Channel 10 weather team, Project Penguin mentors from Cromer HS and the choir and dancers entertaining at the War Vets Village.

Small Steps Parent Seminar- tomorrow Friday 13 June at 9.30am
A very useful workshop will be held at school tomorrow at 9.30am. Small Steps is a free anxiety awareness program for teachers and parents. The workshop involves a presentation, reference material and a question and answer session. Could parents please RSVP to the school office and you may like to bring a friend or family member along too.

Tim Bailey Weather Report
We had a wonderful attendance on Tuesday afternoon when Tim Bailey from Channel 10 presented his weather report from Wheeler Heights PS. Congratulations to all the students and families who were part of the broadcast. Special thanks to the senior band and Cheryl Oxley who played on national television!!

War Veterans Winter Festival
Yesterday almost 100 students walked to the Anzac village and sang and danced as part of their annual winter festival. The choir with Ms McCombie & Mrs Butler and the Junior & Hip Hop dancers with Miss Alexander, Miss Tekampe & Miss Nina entertained two groups of very appreciative residents. It was a lovely event and shows the importance of being part of the local community. Thank you also to the parent helpers on the day.

PSSA Knockout
At this stage the rescheduled PSSA Knockout is still on tomorrow Friday 13 June. Any changes will be advised on the school website.

University of NSW Competitions
The next test is the Writing test to be held on Monday June 16 and the Spelling on Tuesday June 17. Students received a note and practice test today.

Primary Ethics Education
We are hoping that Ethics Education classes may be able to commence at Wheeler Heights PS next term. A detailed note is on the school website and will be given to Non Scripture students by next week. Please also see the information later in this newsletter.

David Scotter
Principal

Wheeler Way Owl Groups

Show RESPECT  Do RESPONSIBLE  Do your PERSONAL BEST

This fortnight’s focus is Assembly – topics of discussion will include listening attentively, applauding and responding sensibly and celebrating your own and others achievements in a positive manner.

Rachael Tekampe
Relieving Deputy Principal
With an impressive 29 student, staff, class and family votes received for the popular ‘Name-A-Chook’ competition, determining 6 winners from the 180-odd imaginative names suggested was a difficult task! Under Miss Mavromatis’ guidance, the SRC whittled the pool down to a manageable shortlist before 6 favourites were chosen.

Before announcing the 6 winning names, honourable mentions go to the following inventive suggestions:

- Class 2JK ‘Twinkle Toes’
- Class 6L ‘Sprouts’
- Alyssa (6L) ‘Pesto’
- Tom (3C), Estella (3Z) & Matthew (1JB) ‘Sunshine’
- Dallin (6N) ‘Kevin’ & ‘Bob’ (very popular!)
- Bethany (2JK) ‘Ruby’
- Imogen (1A) ‘Midnight’ & ‘Rita’
- Tia (2JK) ‘Putt Putt’
- Hayden (1JB) ‘Feathers’
- Luke (5B) ‘Henrietta’
- Oliver (3S) & Alex (3Z) ‘Princess Layer’ (my personal favourite!)

But, the winners, by popular demand (and a common theme!) are:

- **Green Chook** – ‘Basil’ suggested by Anna (5B)
- **Blue Chook** – ‘Plum’ suggested by Ethan (6L)
- **Red Chook** – ‘Chili’ suggested by Estella (1JB), Anna (5B), Alyssa (6L), Ethan (6L), 6L & Mr Cox
- **Yellow Chook** – ‘Pineapple’ suggested by Alyssa (6L)
- **White Chook** – ‘Marshmallow’ suggested by Oliver (3Z) & Charlotte (3RW)
- **Black Chook** – ‘Liquorice’ suggested by Oliver (3Z) and 6L

A big congratulations (and a rowdy ‘cluck-cluck’ of appreciation) goes to all those who took the time to enter their suggestions and give our lovely, productive friends an identity, thank you!

Mr Williams
GREEN SEA TURTLES
AT TARONGA ZOO

On Thursday 5th of June the group of Year 6 Green Sea Turtles went to Taronga Zoo to present our ‘TAKE 3 FOR THE SEA!’ campaign. The 12 Peninsula Community of Schools each had a group of students present what they have been working on at their school. We had an amazing day as not only did we get to see the awesome presentations, we also got to have a private seal show and walk around the zoo looking at all the animals. We had someone that worked at Taronga zoo come and talk to us about what happens when injured animals come into the zoo and how they rehabilitate them and make them better. They passed around jars showing the kind of rubbish that was found in sea animals’ stomachs when they were brought to the zoo. The people from Take 3 for the Sea, the Mayor of Pittwater and Deputy Mayor of Warringah were all there and said how impressed they were with our projects.

Next term we will continue our campaign with a green day and poster competition so stay tuned for more!


Visit to Parliament House

On Tuesday the 10 of June, the Captains and Vice Captains of Wheeler Heights Public School had an excursion to Parliament House in Sydney. We met at Narrabeen for a long bus ride to the city. When we arrived, we had to go through a metal detector and wait in the fancy foyer before our morning tea and tour. As we walked through we went up and down old staircases that reminded us of Hogwarts! We met Brad Hazzard and had a morning tea in Mike Baird’s private board room. During morning tea we chatted to different leaders from 16 schools and made many new friends. After our delicious morning tea we were taken into the Legislative Assembly where we discussed the importance of leadership and saw the mace worth a quarter of a million dollars! Next we visited the Legislative Council and talked about the history of the building. We learnt that our jobs as leaders in the school are similar to the roles of politicians as we are responsible for being good role models and making decisions.

By Jordan Devries, Kiera Kilbane, Liam Delaney and Jade Calabretta.

Chess News

Already past the half way point for the NSW Junior Chess League competition! Last Friday in Round 5, the Rookies "A" team had a 2 v 2 draw against Harbord. Congratulations to Ethan and Luke on their wins. The Junior Rookies went down 1.5 v 2.5 against St John's Narraweena, with Patrick on a winning streak and Jago gaining the 1/2 point draw.

All "World Cup Chess" entrants, keep checking at the Library for your play schedule (catch up any weekend games on the Friday before or Monday after) - good luck to all contestants!

Ms Zillhardt Chess Coordinator
Wheeler Heights Dance Committee Update

Update from the Committee:
Hip Hop performed last week at assembly with a wonderful response from the students, teachers and parents watching. Well done Hip Hop!

Up to date list of upcoming performances:

**Junior:**
- 15th June Extreme Dance Eisteddfod 7:45am arrive 6:45am UTS
- 19th June School assembly performance 2:30pm (parents welcome)
- 19th June Glen Street 9:30am dress rehearsal & 7:30pm performance
- 21st June Glen Street performance 5pm
- 27th June Glen Street performance 9:45am (Matinee)

**Senior:**
- 15th June Extreme Dance Eisteddfod 7:45am arrive 6:45am UTS
- 19th June Glen Street 9:30am dress rehearsal & 7:30pm performance
- 21st June Glen Street performance 5pm
- 27th June Glen Street performance 9:45am (Matinee)

There may also be end of year performances etc and any other requested performances throughout the year.

Our email address for any correspondence is whps.dance@gmail.com
Deneille Gigg on behalf of WHPS Dance Committee.

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Primary Ethics – Volunteer Ethics Teachers Required

Primary Ethics provides the opportunity for NSW public primary school students who don't attend scripture classes (SRE) to participate in philosophical ethics classes. We need volunteers to teach ethics classes at Wheeler Heights Public School. The classes teach children how to approach ethical issues and develop their capacity for considered moral judgment, which will enable them to respond more thoughtfully to many of the problems and issues they will face in their lives. Volunteer Ethics Teachers are trained to deliver our age-appropriate curriculum every week and to use the accompanying learning and teaching materials.


Alternatively, you can contact me at wheelerheightsethics@gmail.com or please contact Mr Scotter at school.

Belinda Reed (Ethics Coordinator)

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Book club orders are due back to school by Friday June 13
The focus this fortnight – Turn off the TV or computer and get active

All students will bring home a healthy living information sheet with a homework activity attached next week. Please read this information and discuss it with your children. Further information can be obtained for the Healthy Kids website below.


Mrs Priscilla Wright – LLW@S Co-ordinator

Turn off the TV or computer and get active

✓ Set a limit on the amount of time children watch television or spend on the computer. Two hours a day is the maximum. Too much screen time limits physical activity.

✓ On the weekend, live life instead of watching it on TV. Find a new place to hike, bike or run. When you hear “I’m bored” – think of something active to do.

✓ During the winter months, avoid allowing children to watch too much TV or play video games. Encourage active play, which builds social, mental and physical motor skills.

Why reduce television time?

➤ studies have shown we use less energy watching TV than sitting still
➤ TV influences the food choice of kids – Australia has a high rate of junk food advertising during children’s viewing hours
➤ TV replaces time a child can be active and enjoy physical activity
➤ there is an association between TV watching and being overweight
➤ 40% of children 5 – 12 years report watching an average of two hours or more of television or videos a day.

Screen-free things to do

Limit your child’s screen time to no more than one to two hours a day. This includes television, electronic games and computer games. Offer alternatives to watching TV, until new, healthy habits are created. Some alternatives are:

• listen to music
• go to the park
• draw a picture
• play cards
• ride a bike
• read a book
• make a scrap book
• hula hoop / jump rope
• play with your pet
• do a crossword
• learn a magic trick / learn to juggle
• plant some seedlings
• play hopscotch
• learn to knit or crochet
• play a board game
• create sidewalk art with chalk
• build a cubby house.
WE NOW HAVE EFTPOS FACILITIES

We are very happy to advise that the Uniform Shop can now accept payment for over the counter sales via Visa, MasterCard or Eftpos. To speed things up a bit, any transaction under $100 can be processed by PayWave!

Order via FLEXISCHOOLS & enjoy the convenience of having orders delivered to your child’s classroom.

NEW WINTER TROUSERS FOR GIRLS

The new girls winter trousers are now in stock & are available via FlexiSchools or over the counter.

2ND HAND STOCK

There is always a need for pre-loved uniforms, so please consider donating yours to us! All moneys raised go to P&C School Funds.

And if you are in the market for some uniform items, please come in and browse our range of stock.

VOLUNTEERS NEEDED

Our uniform shop provides a valuable service to students & parents, as well as contributing much needed funds to the school via P&C.

WE NEED MORE VOLUNTEERS TO KEEP THE SHOP OPEN

PLEASE consider offering 1-2 hours, 1 Friday morning per term. There is plenty to do, so please don’t be daunted if you haven’t ever worked on a ‘shop’ environment before. We are a very friendly & helpful bunch of parents, and we do our best to make the volunteering experience a good one. Email whpsuniform@gmail.com or call in on a Friday morning to chat about it.
FREE REGISTRATION

Dee Why Lions - New Players U12 team

Come down on Wednesday 6PM and meet the U12’s along with coaching and management team. New U12 registrations will receive a complete kit and have their 2014 fees waived.

If you love rugby join the Lions! If you love footy come and try it out and see how fun Rugby can be.

When: Wednesday 6PM
Where: James Morgan Reserve – South Creek Road

Contact: Team Manager Ben on 0420908750
CLINIC OPEN DAY

Free mini treatments

Iridology  Naturopathy  Massage
Chiropractic  Nutrition  Zinc Tests
Tarot Cards  Psychic Reading  Healing

Bring this flyer in to receive your FREE GIFT
Music  Samples  Face Painting

JUNE 14th
10am - 4pm

FREE TALKS AT OUR OPEN DAY ON JUNE 14
10:30am  Improve Posture Reduce Pain  Naomi (Chiropractor)
11:00am  Stress Management  Nicola (Psychologist)
12:00pm  Reduce your worries and fears  Rama (Meditation)
1:00pm  Meeting your spiritual guides  Alana (Healer)
2:00pm  Family Yoga  Carly (Yoga)
3:00pm  Guided Meditation  Makeda (Psychic)

9913 9781
Check out our website to book in online now

green
door
health

Green Door Health - Natural Therapies & Education
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