From the Principal

Well done to our Year 6 Leadership team and the senior choir who attended a special service at the War Veterans village on Monday. Special thanks to Ms Waldock and Mrs Butler for escorting the students. I received a lovely email commenting on how well our young students spoke, sang and conducted themselves.

Jazz Band Woodstock Festival

What a wonderful day of music was created on Sunday. Guest performers John Morrison, James Green, and band directors from Harbord, Curl Curl North, Mona Vale and Wheeler Heights PS came together for the first ever Wheeler Woodstock and what an incredible sound was made!! Congratulations to chief organizer Anthony MacDermot and the many amazing Wheeler parents who made the day such a great success. I had many positive comments from the delighted visitors.

Athletics Carnival

Congratulations again to all competitors for their great efforts at last week’s carnival. Ribbons for place getters in finals will be distributed at the 9.15am assembly on Monday 11 August.

Auctioneer Required

We are on the lookout for an Auctioneer for our Art Exhibition and Auction on Thursday 4 September. If you are an auctioneer or may know a local person (a real estate agent perhaps) who may be suitably qualified…please see Mr Scotter or the front office.

Car Park Safety

We have just placed some new signs reminding parents and students about walking through the car park. Please again be advised that such areas are extremely dangerous and that is why parents and students must use the appropriate walkways and stairways at all times. Please help us to set the correct example for our children.

OOSH

Congratulations to Michelle McClenaghan, our OOSH director, who was recently awarded Employee of the Year from over 30 Primary OOSH Care Centres throughout Sydney. Michelle thoroughly deserves such an award as she has been a dedicated and enthusiastic leader of our fabulous OOSH for many years. Congratulations from the entire WHPS community!!

P&C News

The P&C AGM is on Monday 18 August at 7pm and so now is the time to consider being involved in our great school! Please talk to your friends, myself or any current P&C representatives to see what the role may entail….Please see more details later in the newsletter.

Tennis Courts

We have recently had the netting repaired on our two tennis courts and do plan to soon allow the courts to be booked on weekends. More details shortly!

David Scotter - Principal
The P&C is conducting a major fundraiser in Week 8 of this term. It will take the form of an ARTFEST. Each class of students and their teacher are creating a masterpiece of art, which will be auctioned on the night of September 4th. As well as the class major art piece, all students in each class are producing individual art works, which will be sold to their parents for $10. During Week 8, all art pieces will be available for viewing in the school library, prior to Thursday. We hope you lock this date into your diary and we look forward to seeing you on ‘Auction Night’.

**Cost:** $TBC- entry will include drink and canapés.

**Format:** The 22 major pieces of class art can be viewed from 6.30pm. The auction of pieces will begin at 7pm. Prior bids and phone bidding will be permitted.

Ms Linda Williamson

Mr Cullen visits Year 6L

On Monday 4th August, 6L had a visit from Mr Kevin Cullen, Adam Cullen's father. He spoke about Adam’s experiences leading up to the amazing success of his art career. Adam won the Archibald prize in 2000 painting the actor, David Wenham. Mr Cullen shared his knowledge about the bold colourful artwork his son created: Growler, David Wenham, and Mary MacKillop are just some of his famous pieces. He elaborated on Adam’s usage of the fourth dimension in art as a means of creating personality in his art pieces. He also spoke of the simplistic and limited strokes Adam used to create effective art.

By Keira Kilbane

I want 2 be DAY!.....Wednesday 20 August 2014
The SRC has organised “I want 2 be DAY” to support the Kids’ Cancer Project. All children are invited to dress up as what they would like to be when they grow up and bring a gold coin donation. I am sure there are many budding scientists; actors; vets; prime ministers and even teachers in our wonderful Wheeler community. The sky’s the limit! Our fun day will be held on Wednesday 20 August.

Tracey Mavromatis - SRC Coordinator

BOUNCEBACK STUDENT WELFARE PROGRAM

All classes K-6 commenced lessons last week using the BOUNCEBACK program. The program aims to develop and build a child’s resilience and their capacity to cope well with times of adversity or hardship (and even be strengthened by them.) It is the ability to bounce back from difficult times to a fulfilling life while retaining a positive sense of self. Resilience skills are also needed to academic success. e.g. persistence, courage and goal setting.

Each week, class lessons focus on a letter in the name ‘BOUNCEBACK’.

FOCUS THIS WEEK: N for Nobody’s perfect. Not you and not others.
Core values: It is important to cooperate.

STUDENT LEADERS & SENIOR CHOIR PARTICIPATE IN CENTENARY CEREMONY

On Monday 4 August our senior choir, school captains, vice captains and prefects took part in the War Vets ANZAC Centenary Service. The senior choir performed very well as did the student leadership team. We received a very complimentary email from the event organiser for the well delivered speeches and fine behaviour displayed by our students.

WHPS prefects Ashley Johnson, Zane Otten, Finn Soegaard and Jake Lloyd laid crosses to commemorate 51 Australian war veterans who gave their lives during World War 1 battles. Each of the crosses contained the name of the soldier with a message from each student.

Our Senior Choir (far left) performed ‘Lest we Forget’ at the ceremony. Prefects Ellie Watts and Luke Brown (left) spoke during the Centenary service on Monday.
NSW SOFTBALL TRIALLISTS

Congratulations to Luke Brown and Jordan Devries for their recent selection in the Sydney North Boys Softball team where they will compete at the NSW State Softball trials at Lismore on 16-18 September. This follows Ellie Watts’ selection in the Sydney North Girls Softball team where she will be competing at the NSW State Softball trials at Manly on 26-28 August. Luke, Jordan and Ellie will be selling raffle tickets issued by the State Sport Unit to fund part of their expenses to attend the three day carnivals. They will be selling the tickets each morning from 8.45 on B Deck. Tickets are $2 each. Any support of this raffle drive would be appreciated. A great achievement by all three for Wheeler Heights!

STAGE 3 SPELLING BEE FINAL

This Friday morning at 9.15am we will be holding the Stage 3 Spelling Bee final in the hall. Two students from each Year 5 and 6 class will be displaying their spelling expertise against one another in a friendly competition.

Congratulations to the following students who were selected to represent their class at this year’s Spelling Bee:

6L   James Kofoed & Lucas Brown
6C   Ryan Dixon & Sophia Monteleone
6N   Ashley Johnson & Dylan Szabo
5RW Sachi Lardner & Lily Grenenger
5B   Luke O’Donnell & George Herbert
5G   Toby Cannell & Erin Gaw

The Stage 2 Spelling Bee will be held on Monday 11 August at 11.40am in the hall. Good luck to all competitors! The winner and runner up of each stage will progress to the Regional Premier’s Spelling Bee which will be held at Collaroy Plateau Public School on 16 September.

Ms C Waldock – Deputy Principal (Acting)
The focus this fortnight – Eat fewer snacks and select healthier alternatives

All students will bring home a healthy living information sheet with a homework activity attached next week. Please read this information and discuss it with your children. Further information can be obtained for the Healthy Kids website below.


Mrs Priscilla Wright – LLW@S Co-ordinator

Lunchbox snack foods

Children need to eat a range of different foods to provide nutrients to meet growth and energy needs. Snacks need to be everyday foods rather than sometimes foods.

<table>
<thead>
<tr>
<th>Everyday Snacks</th>
<th>Sometimes Snacks</th>
</tr>
</thead>
<tbody>
<tr>
<td>fruit loaf</td>
<td>muesli bars and dried fruit bars</td>
</tr>
<tr>
<td>plain popcorn</td>
<td>potato crisps / chips and corn chips</td>
</tr>
<tr>
<td>plain or fruit yoghurt</td>
<td>lollies and confectionary</td>
</tr>
<tr>
<td>cheese and crackers</td>
<td>chocolate</td>
</tr>
<tr>
<td>fresh fruit or canned fruit</td>
<td>cordial</td>
</tr>
<tr>
<td>dried fruit and cheese cubes</td>
<td>soft drink</td>
</tr>
<tr>
<td>wholemeal biscuits or crackers</td>
<td></td>
</tr>
<tr>
<td>vegetable sticks and dip or salsa</td>
<td></td>
</tr>
<tr>
<td>corn or rice cakes with or without spreads</td>
<td></td>
</tr>
<tr>
<td>celery, cherry tomatoes and carrot sticks</td>
<td></td>
</tr>
</tbody>
</table>

Confectionary and lollies are very high in sugar, provide extra kilojoules and cause tooth decay. They are not recommended for lunch boxes. Keep these foods for special occasions only.

Environmentally friendly snack foods

Choose an apple, mandarin, orange, pear, banana, plum, mangoes, pieces of melons, nectarines, peaches or other fresh seasonal fruit for a quick, easy, environmentally-friendly snack. No packaging, full of nutrients and antioxidants, plus it tastes delicious!

Treats for special occasions

Food is an important part of special occasions for everyone and should be enjoyed. Your child may be invited to a party with lots of foods high in fat and sugar or to a meal at a fast food restaurant. These meals will do no harm as long as they are only eaten occasionally. But remember, children’s parties don’t need to be filled with junk food to be fun. Try to include some healthy foods as well. Here are some suggestions:

- pretzels
- mini pizzas
- fruit platters
- fresh berries
- finger sandwiches
- low-fat mini fruit muffins
- homemade popcorn
- slices of watermelon
- frozen orange wedges
- cheese cubes and crackers
- vegetable sticks and rice crackers with dips
- toasted Lebanese bread in place of corn chips and crisps.
WHPS P&C
Notice of Annual General Meeting

Notice is hereby given that a meeting of members of the Parents & Citizens Association of Wheeler Heights Public School will be held at 7.00pm on Monday 18th August 2014 in the school office staffroom.

Agenda:
1. Apologies
2. To confirm the Minutes of the previous Annual General Meeting
4. To receive and accept the Financial Statements for the financial year ended 30 June 2014.
5. To receive and accept the annual reports from the Uniform Shop, Canteen, Dance and Band Committees.
6. To elect the Executive Committee of:
   a. President
   b. Vice President(s)
   c. Secretary
   d. Treasurer
   e. Executive Members
7. To endorse the elections to the following Sub-Committees:
   a. Canteen
   b. Uniform
   c. Fundraising
   d. Band
   e. Dance
   f. Grounds

Please join us at our next meeting on the 18th August. The AGM will be followed by a General Meeting. At the AGM all positions on the Executive Committee will be declared vacant and nominations for positions will be taken and voted on.

Auditor Needed

Did you know that the P&C tries to give back every dollar raised through fundraising to the school? From chickens to computers, and play equipment to smart-boards, the P&C has contributed to providing better facilities for our children.

As part of our operations, we are required to have our accounts audited annually, and are looking for any parent who is a qualified auditor that might be able to help.

If you are able to assist, please contact the P&C Executive at whps.committee@gmail.com. Remember that a volunteer to help means we don’t need to hire someone and therefore the more we can give back to the school.

Thank You,

P&C Executive Committee.
SIMPLE LOVE CHARITY DONATION

Simple Love is a charity that collects and distributes essential items to asylum seekers on bridging visas or who have recently been granted residency in Australia. In August the H30 Church in Dee Why will be collecting donations for the charity and will deliver to the Asylum Seekers Centre and House of Welcome in Sydney. Both of these centres distribute to those in need in the community. There will be a box in the admin building at Wheeler Heights School where anyone can make a contribution from next week onwards. All goods will be collected from the school and added to the H30 Church collection.

If you would like to donate, please choose from the below list to ensure that all items are non-perishable, unopened, and culturally sensitive.

- Breakfast Cereal, Cooking Oil, Rice, Noodles
- Tinned Fruit & Vegetables
- Tinned Fish, Tomato Paste, Spices & Curry Powder
- Tea, Long Life Milk, Instant Soups, Chocolate and sweets
- Travel 10 bus passes (1 or 2 section). These help refugees get to appointments with lawyers and case workers.
- Nappies
- Shampoo, Conditioner, Soap, Toothbrushes & Toothpaste
- Sanitary Napkins, Washing Powder, Deodorant, Razors

For any further enquiries please contact Sarah Kearney (kindergarten parent) on 0425 262 289

NSW Premier’s Reading Challenge News

It’s all excitement in the school library as we’re almost at the finishing line for the 2014 Premier’s Reading Challenge. All on-line entries must be submitted by midnight on August 22nd to count towards this achievement. To ensure that they read the required number of books a few very keen students are borrowing over their usual class quota.

It has been very pleasing to see how many students have embraced this voluntary ‘challenge’ with enthusiasm. A total of 101 have already completed their on-line entries and had their records validated. Another 150 have registered on-line and partially completed. Special congratulations is due to all the Year 4 students who are definitely leading the way in the PRC.

Watch this space for final numbers and the highest achieving PRC class!

Ms Fairweather and Mrs Bevan (WHPS Library)
Big THANK YOU to;

Tracey McTighe for coming in on Wednesday to help with canteen it was a wonderful help.

Flexischools / Lunch Orders

Please be advised the canteen is in the process of phasing out lunch orders made at the canteen the only way to order your child's lunch is through Flexischools, you have Term 3 to get organised.

In term 4 we will be changing the cut off time from 8.45am to 9am.

It's easy and convenient.

www.flexischools.com.au

Click register now, enter your email, you will be emailed a link, choose a username and password, complete the form, add each student and their class.

Sadly the last of shots were sold this week, we have a small amount of big shots left, Available for purchase frozen pineapple rings 40c or frozen oranges 10c.

New Menu Reminders

A salad roll and a water for Mondays special, $3.50, also available on a Monday will be a roast jacket potato with delicious things, bacon and creamed corn $3.50 and plain cheese $3.00.

Any suggestions for the Summer menu are welcome please email whpscanteen@gmail.com.

PSSA please remember to use the PSSA tab on the Flexischools website.

BAKING

If you don’t have the time to spend all day in the canteen why not come by in the morning and do some baking for an hour, any help is appreciated and of course the children love a bake goodie to purchase for recess.

Welcome back and warmest regards.

Thank you.

Joe & Tracey

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**ROSTER WEEK 5 & 6**

<table>
<thead>
<tr>
<th>MONDAY 11th</th>
<th>TUESDAY 12th</th>
<th>WEDNESDAY 13th</th>
<th>THURSDAY 14th</th>
<th>FRIDAY 15th</th>
</tr>
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</table>
| Mandy Spooner 0434 968 029  
Karen Carlos 0431 204 209 | Kerrie Rattigan 9944 0448  
Louise Carmell 0458 082 175 | Hayley Watts 9972 1667  
Sharon Forsyth 0421 019 881 | Zoe Lown 0434 576 536  
Alex Piper 9984 1166 | Vanessa McCullum 0412 437 746  
Danni Pearson 0422 238 695 |

<table>
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<tr>
<th>MONDAY 16th</th>
<th>TUESDAY 19th</th>
<th>WEDNESDAY 20th</th>
<th>THURSDAY 21st</th>
<th>FRIDAY 22nd</th>
</tr>
</thead>
</table>
| Leanne Tester 0405 754 251  
Neeley Molinaroli 0411 537 821 | VACANT | Sam Wheeler 0416 275 379  
Karen Nitch 0402 131 416 | Karina Barnes 0437 009 995  
Tara McConnell 0459 122 072 | Yvette Dee 0412 601 153  
Cat McClard VACANT |
Play Cricket with CPCC

REGISTRATION
One session only!

SUNDAY, 10th AUGUST 2014
Plateau Park
10.00am to 4.00pm

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<thead>
<tr>
<th>Age</th>
<th>Format</th>
<th>Season Fees</th>
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<tbody>
<tr>
<td>Under 6</td>
<td>‘In2Cricket’ (Friday evenings)</td>
<td>$80.00</td>
</tr>
<tr>
<td>Under 8</td>
<td>‘KANGA’ cricket (Saturday mornings)</td>
<td>$80.00</td>
</tr>
<tr>
<td>Under 9</td>
<td>‘AVERAGE’ cricket rules (Soft/composition ball)</td>
<td>$120.00</td>
</tr>
<tr>
<td>Under 10’s to Under 11/2’s</td>
<td>‘AVERAGE’ cricket rules (Hard ball)</td>
<td>$170.00</td>
</tr>
<tr>
<td>Under 11/1’s to Under 12/2’s</td>
<td>‘TRADITIONAL’ cricket rules (Leather ball 142g)</td>
<td>$170.00</td>
</tr>
<tr>
<td>Under 13’s to Under 16/17/18’s</td>
<td>‘TRADITIONAL’ cricket rules (Leather ball 156g)</td>
<td>$180.00</td>
</tr>
<tr>
<td>Development team</td>
<td>Morning/afternoon cricket (One fee covers both)</td>
<td>$200.00</td>
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<tr>
<td>Seniors</td>
<td>MWCA Afternoon Comp (18+)</td>
<td>$250.00</td>
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<tr>
<td>Seniors (students)</td>
<td></td>
<td>$200.00</td>
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All players for 2014-15 must be financial by 31st Aug, 2014

- In person - Collaroy Plateau Park, (near the tennis courts)
- Online - by direct deposit, see website for details
- Post - (cheques only) and forms c/o 27 The Circle, Narraweena 2099 prior to 18 Aug 2014
- For more information please contact vickicarden@optusnet.com.au

* Training at Collaroy Plateau Park/Lake Park/Wheeler Heights PS/Griffith Park
* Games played locally on Sat. mornings
* Discount for families with more than 1 child
* Established 1955

www.collaroyplateaucc.org.au
GOING, GOING ... GO BRAVO SHOWCASE SHIMMERS

Congratulations and thankyou to all those who courageously ventured out from the insular Peninsula and crossed the bridge (the Spit Bridge, that is...) to participate in this multi-layered extravaganza. The result was a wonderful series of concerts in a fantastic venue. Thank you to Mosman Primary School for sharing their equipment as well as their conductors (Cheryl Oxley and Debbie English). Cheryl’s jaw is now locked in a permanent irreversible smile! Thanks Cheryl!

Our bands played wonderfully, high tea was delicious and what an incredible array of talent was on display. Well done, great fun!

SECOND HALF YEAR ACCOUNTS

Invoices for Terms 3 and 4 have been sent out for band fees. Options for payment include Flexischools, direct deposit and cheque – please no cash to the Band Box. If you have not received an invoice, please contact us so that we can check your email contact address.

POSITIONS VACANT: BAND AGM

At the Band Committee’s up-coming Annual General Meeting (to be held at 7.00pm on Monday 11th August 2014 in the school staff room) a new band committee is to be elected. Please come along and get involved. Lots of helpers are needed to fill all sorts of roles. If you’re not sure how you can help or want to find out more about the kinds of things you can do please drop us an e-mail at whpsband@gmail.com.

The band program is run by volunteers (i.e. WHO DON’T GET PAID) and our program will not survive without ongoing parental support and involvement.

Thanks to the Committee who has helped the band program survive over the last year: Anthony MacDermott, Lani Blackman-Dixon, Marg Roberts, Sue Miles, Mako Turner, Joob Kofoed, Michelle Hosking, Mona Johnson, Trish Fairchild, Louise Green and Chris Henderson-Brooks. Thanks for a great year guys!

ANTHONY MACDERMOTT
whpsband@gmail.com / 0417 277 893

“Marching to their own beat”, drummers John Morrison and WHPS Band Captain James Kofoed.

WHEELER WOODSTOCK: PRIMARY SCHOOL JAZZ BAND WORKSHOP

Huge congratulations go to the WHPS Jazz Band and its loyal supporters and helpers who contributed to, and participated in, our home grown Primary School Jazz Festival and Workshop last Sunday. With the combined efforts of the Jazz/Stage Bands from Mona Vale Public, Curl Curl Public, Harbord Public and our own Wheeler Heights, we almost blew the roof off the school hall! What an amazing concert. What a great bunch of talented, confident and happy kids! What a fantastic opportunity to put our local schools’ Jazz and Stage bands under the spotlight.

The other three Schools who participated have all given their heartfelt thanks to Wheeler Heights and its well-oiled machine for being such wonderfully welcoming hosts. Extra thanks go to our Jazz Band superheroes, John Morrison and James Greening, for generously sprinkling their magic and wisdom on the event. Thanks to all WHPS’s tireless helpers including the room managers, food coordinators, toilet cleaners and Mr Scotter, all of whom helped make the day a seriously fun and jubilant affair.

Special congratulations to our Band Coordinator and Jazz Conductor Anthony MacDermott, who dreamt up the concept and made the event happen. It is hoped that an event of this kind will become an annual feature on our local primary schools’ Jazz Band calendar.

NORTH SHORE PRIMARY SCHOOL BAND FESTIVAL@CHATSWOOD HIGH

Our Training Band and Senior Band are both scheduled to take part in this event on the afternoon of Saturday 30th August at Chatswood High School. The bands will be performing in separate graded sessions. They will play a few pieces, including a competition piece set for their respective grade.

After playing their pieces, the Band will then have an adjudication workshop where the players receive feedback on their performance. Please add the date and time (see details below) to your diary/calendar and watch out for further finer details over coming weeks.

EVENTS FOR THE DIARY

WHPS Band Committee AGM
Monday 11th August: 7pm, School Staffroom
All welcome.

North Shore Primary School Band Festival
Chatswood High School
Saturday 30th August
Training Band: 2.30-3.30pm (arrive 2.15pm)
Senior Band: 4.30-6.30pm (arrive 4.15pm)

Further dates for September coming!!!

MONA JOHNSON
whpsband@gmail.com